Workshop: Building integrity:
the Mindfulness-Based Interventions: Teaching Assessment Criteria (MBI:TAC)

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This workshop aims to offer a practical introduction to the use of the MBI:TAC in supporting the development of trainees, in supervision and in assessing competence. The workshop will include presentations on the background and context for the development of the tool, on its structure and on how to use it. Participants will view an audio visual clip of mindfulness-based teaching followed by an opportunity to use the MBI:TAC and to explore the process in small and large group contexts. The primary focus will be a personal and collective exploration of integrity in mindfulness-based teaching and the use of the MBI:TAC as a ‘lens’ through which to engage in this exploration.