

Program

13.30 – 14.00	Linda Cillessen: the BeMind study: follow-up results and working mechanisms.
14.00 – 14.30	Judith Prins: online matched supportive care for cancer survivors.
14.30 – 15.00	Break
15.00 – 15.30	Marije van der Lee: Fitter na Kanker: working alliance in web-based interventions for chronic cancer-related fatigue
15.30 – 16.00	Saskia Kelders, Universiteit Twente: Engagement to digital health interventions
16.00	Drinks

Speakers



Linda Cillessen MSc. is a psychologist and PhD-student at the Radboudumc Centre for Mindfulness. She investigates long-term effects and mechanisms of change in MBCT for distressed cancer patients based on data of the BeMind-project.



Prof. dr. Judith Prins is professor in medical psychology at the Radboudumc. Her clinical and scientific activities lie in the field of psycho-oncology, with a focus on screening and matched psychological care.



Marije van der Lee, PhD is Head of the Scientific research department of the Helen Dowling Institute for psycho-oncology. She was principal investigator of the Fitter na Kanker and the BeMind trial, both testing e-MBCT for severe cancer-related fatigue and cancer-related distress respectively.



Dr. Saskia M. Kelders is Assistant Professor at the Department of Psychology, Health and Technology at the University of Twente, Enschede. Her research interests are positive psychology, persuasive technology and digital interventions.

Register via mindfulness@radboudumc.nl